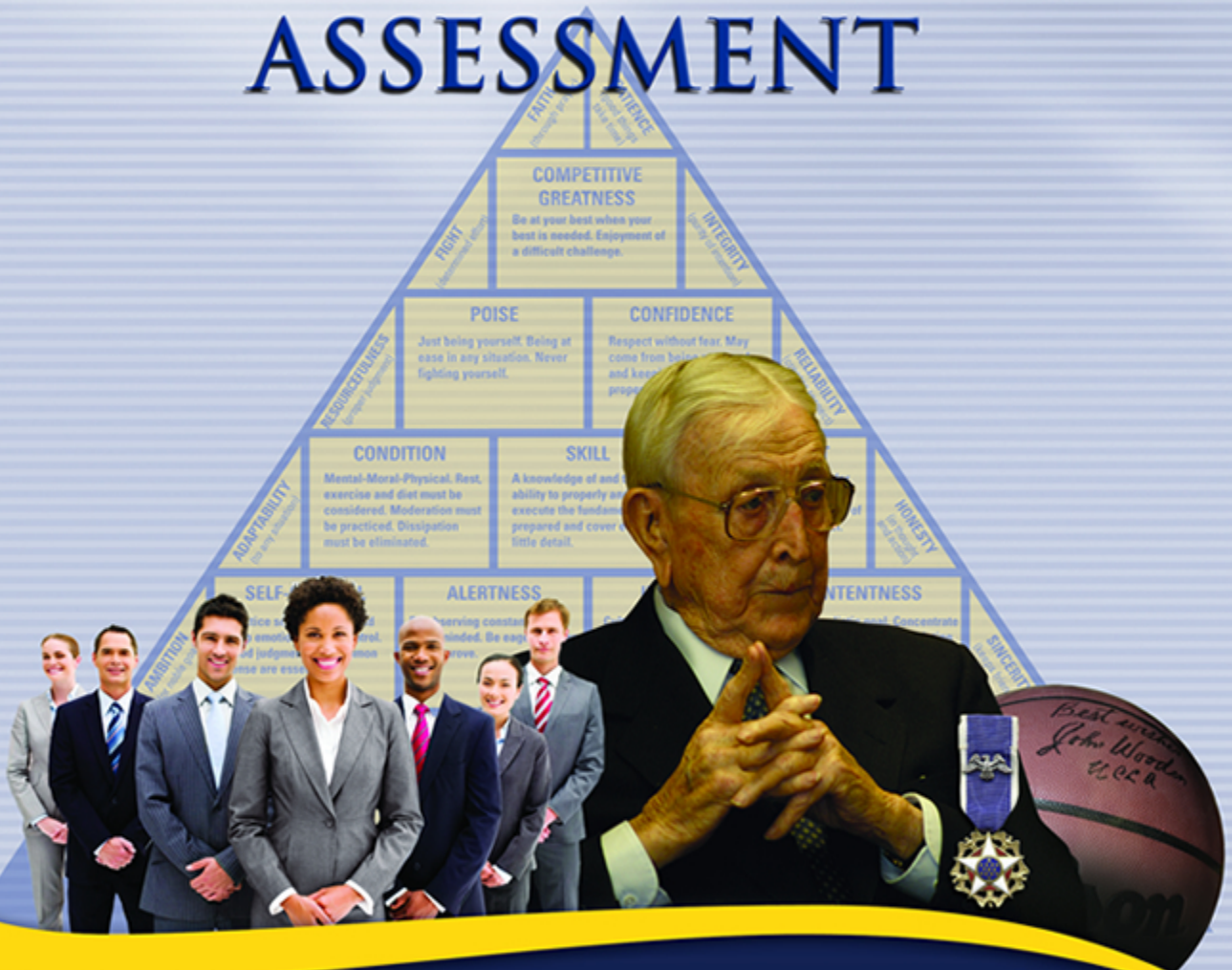




THE
JOHN R. WOODEN
COURSE®

INDIVIDUAL SUCCESS ASSESSMENT



*Evaluating individual behavior
for true personal success.*

Here is your personal Pyramid of Success that was generated based on the how you rated yourself on each indicator in the Individual Success Assessment. Use the color key to identify areas where you are performing best now, and areas where you can improve.



This page shows the Success Behaviors that are linked to the indicator items on your Individual Success Assessment. The Ranking shows your highest-rated behaviors first and lowest-rated last. Your five best and five worst are color-coded.

<u>Success Behaviors</u>	<u>Score</u>
Overall Average	73%
Fight	88%
Skill	85%
Honesty	85%
Self-Control	85%
Alertness	83%
Ambition	83%
Reliability	80%
Confidence	80%
Faith	80%
Intentness	75%
Adaptability	75%
Patience	75%
Friendship	73%
Condition	73%
Integrity	73%
Sincerity	70%
Poise	70%
Loyalty	70%
Initiative	68%
Industriousness	65%
Enthusiasm	63%
Competitive Greatness	63%
Team Spirit	63%
Cooperation	55%
Resourcefulness	48%

This page shows how you rated yourself on each item on the Individual Success Assessment. Your responses are ranked with your highest-rated items first and lowest-rated last. Again, your five highest and lowest rated are color-coded. You may want to work on improving your lowest-rated items.

Success Indicators

Score

I know of at least three ways I can improve. (Alertness)	10
I do things quickly, but I don't hurry. (Fight)	10
In my pursuit of success, I refuse to compromise my ethical standards. (Ambition)	10
I am confident I could handle more responsibility. (Confidence)	10
I am driven to achieve my goals. (Ambition)	10
I say what I mean and mean what I say. (Honesty)	10
I consider myself a creative problem-solver. (Resourcefulness)	9
I do my best work under high-pressure situations when the deadline is drawing near. (Confidence)	9
I am ready to move when the opportunity arises. (Fight)	9
At work and at home I follow the rules. (Self-Control)	9
When I make mistakes, I recognize the error and work quickly to invent a solution to the problem at hand. (Adaptability)	9
I perform the tasks of my work quickly and properly. (Skill)	9
I am able to trust other people who can impact my success. (Reliability)	9
I am aware of my strengths and I am trying to improve my weaknesses. (Alertness)	9
I feel composed and ready for any situation that may occur at my job. (Poise)	9
I take the time to get to know others. (Friendship)	9
I have grown more confident in my own decision-making ability. (Initiative)	9
I enjoy very hard work because I believe in the value of what I do. (Industriousness)	9
I willingly accept personal accountability and regularly monitor my behavior and performance. (Self-Control)	9
Many of my professional relationships have developed into genuine friendships. (Friendship)	9
My job performance has continued to improve. (Skill)	9
I consider myself a highly competent person. (Skill)	9
I maintain my composure during high-stress situations. (Self-Control)	9
I live my life in an ethical manner. (Integrity)	9
I take responsibility for my mistakes and make the best effort to improve my performance. (Honesty)	8
I have strong faith that things will work out as they should, provided I do what I should. (Faith)	8
I stay highly motivated to accomplish my work and goals. (Ambition)	8
I believe my day to day attitude is quite positive. (Team Spirit)	8
I take responsibility for developing the skills I need to perform my job to the best of my ability. (Condition)	8
I can remember more than one occasion when I acted in a thoughtful and selfless way toward others. (Sincerity)	8
I keep a good balance between the hours I spend at work and at home. (Condition)	8
I have weathered difficult times and grown stronger. (Loyalty)	8
I consider myself trustworthy. (Honesty)	8

Success Indicators

Score

I can depend on others to help me in difficult situations. (Reliability)	8
I do not intentionally mislead others. (Honesty)	8
I would say that I am a patient person, meaning I know good things take time. (Intentness)	8
I respond with calm patience when projects, tasks, or events take longer than I expect. (Patience)	8
I am always looking for better ways to do things. (Adaptability)	8
I am willing to sacrifice personal aspirations for the good of the team. (Team Spirit)	8
I take the time necessary to make the best decisions. (Patience)	8
I possess a healthy moral, mental, and physical condition. (Condition)	8
When placed in a leadership position, I make decisions that benefit others. (Faith)	8
If I do the best I can, I believe things will work out for the best. (Faith)	8
I do very little whining or complaining. (Enthusiasm)	8
I am confident that things will turn out as they should. (Faith)	8
I consider myself to be very reliable. (Reliability)	8
I have learned the art of disagreeing without being disagreeable. (Fight)	8
I handle crises calmly and without panic. (Poise)	8
I have stood my ground and remained true to what I believe is right. (Fight)	8
I have a vision and goals for my life. (Intentness)	8
I admire my coworkers for the conviction of their beliefs. (Integrity)	8
I realize that not all things are under my control, and so my circumstances do not define my attitude. (Patience)	8
I consider myself to be an authentic person. (Sincerity)	8
I am not a quitter. (Intentness)	7
I am proud of the high-quality work that I produce. (Confidence)	7
I find it easy to ask for help when I am having difficulty completing a particular task. (Reliability)	7
Helping others be successful provides purpose in my life and work.. (Intentness)	7
As a leader my vision and mission are clear. (Initiative)	7
I remain flexible enough to meet the challenges created by changes in my life and work. (Adaptability)	7
I enjoy my job and I am very satisfied with my work experience. (Enthusiasm)	7
I consider myself open-minded, and adaptable, willing to take risks, fail, and grow. (Alertness)	7
I am constantly learning from my mistakes and striving to improve.(Alertness)	7
I feel prepared to handle every little detail of my job. (Skill)	7
The only pressure I allow myself to feel at work is the pressure I put on myself to do the best job I can. (Poise)	7
I would not intentionally betray another person. (Loyalty)	7
I am more interested in finding the best way than having my own way. (Cooperation)	7
Exercising proper judgment would describe my approach to financial decisions. . (Loyalty)	7
I communicate with confidence and compassion. (Initiative)	7
I have never taken the credit for work I didn't perform. (Integrity)	7
I have experienced a day that I would define as a masterpiece. (Competitive Greatness)	7
I enjoy being involved in a healthy exchange of ideas about the most effective way to accomplish important tasks. (Cooperation)	7
I enjoy tackling difficult issues at work because they challenge me to find creative solutions and perform at my highest levels of competency. (Competitive Greatness)	7
I have the respect of my coworkers. (Friendship)	7
I maintain a positive attitude while serving others. (Self-Control)	7

Success Indicators

Score

I have a healthy and proper respect for authority. (Adaptability)	6
I am a sincere person. (Sincerity)	6
I realize it takes a long time to create excellence. (Patience)	6
I would describe myself as a "great competitor", that is, I enjoy a difficult challenge. (Competitive Greatness)	6
I consider myself confident, but not arrogant. (Confidence)	6
I work hard to get the job done right the first time. (Industriousness)	6
I carefully plan my work on a regular basis. (Industriousness)	6
My communication style is direct and positive.(Sincerity)	6
I think the term "team player" is an appropriate description for me.(Team Spirit)	6
My enthusiasm as a leader creates an atmosphere of encouragement. (Enthusiasm)	6
You can tell from my life decisions that loyalty is one of my core values. (Loyalty)	6
I effectively discern between urgent and important matters because my priorities are clear. (Ambition)	5
My behavior reflects the highest levels of integrity. (Integrity)	5
I am moving forward with a clear sense of direction. (Cooperation)	5
I work with diligence and consistency. I don't just go through the motions. (Industriousness)	5
I continually practice the fundamental aspects of my work to prepare for every challenge. (Condition)	5
I am more focused on doing my best and becoming my best than I am on "winning". (Competitive Greatness)	5
My enthusiasm as a leader really encourages others to be their best. (Enthusiasm)	4
I carefully listen to the opinions of others before I offer my own opinion. (Friendship)	4
No matter what the situation, I always seem to find a way to do my best. (Resourcefulness)	4
I fully utilize the resources that I have been given. (Resourcefulness)	4
I am constantly learning from the leaders in my life and work. (Poise)	4
I am eager to accept increasing amounts of responsibility. (Initiative)	4
At times I have gone out of my way to show appreciation for others. (Team Spirit)	3
I consider myself highly cooperative in working with others. (Cooperation)	3
I see challenging circumstances not as problems but as opportunities to test my abilities, learn, and grow. (Resourcefulness)	2

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This page summarizes the results of your Personal Success Assessment by Success Behavior noted on the Pyramid. Each Behavior has four indicators that apply to it. You have a potential of 40 points to obtain 100% on a Success Behavior. Your ranking is by percentage, based on how you rated yourself on each survey item. Improvement ideas for your highest-ranking behavior will appear first.

Success Summary

Score

Fight

88%

I am ready to move when the opportunity arises.

9

I do things quickly, but I don't hurry.

10

I have stood my ground and remained true to what I believe is right.

8

I have learned the art of disagreeing without being disagreeable.

8

Skill

85%

I consider myself a highly competent person.

9

I feel prepared to handle every little detail of my job.

7

I perform the tasks of my work quickly and properly.

9

My job performance has continued to improve.

9

Honesty

85%

I do not intentionally mislead others.

8

I say what I mean and mean what I say.

10

I consider myself trustworthy.

8

I take responsibility for my mistakes and make the best effort to improve my performance.

8

Self-Control

85%

I maintain my composure during high-stress situations.

9

I maintain a positive attitude while serving others.

7

I willingly accept personal accountability and regularly monitor my behavior and performance.

9

At work and at home I follow the rules.

9

Alertness

83%

I am constantly learning from my mistakes and striving to improve

7

I consider myself open-minded, and adaptable, willing to take risks, fail, and grow.

7

I know of at least three ways I can improve.

10

I am aware of my strengths and I am trying to improve my weaknesses.

9

Ambition

83%

I stay highly motivated to accomplish my work and goals.

8

I effectively discern between urgent and important matters because my priorities are clear.

5

In my pursuit of success, I refuse to compromise my ethical standards.

10

I am driven to achieve my goals.

10

Reliability

80%

I consider myself to be very reliable.

8

I find it easy to ask for help when I am having difficulty completing a particular task.

7

Success Summary

Score

I can depend on others to help me in difficult situations.

8

I am able to trust other people who can impact my success.

9

Confidence

80%

I am confident I could handle more responsibility.

10

I am proud of the high-quality work that I produce.

7

I do my best work under high-pressure situations when the deadline is drawing near.

9

I consider myself confident, but not arrogant.

6

Faith

80%

If I do the best I can, I believe things will work out for the best.

8

I have strong faith that things will work out as they should, provided I do what I should.

8

I am confident that things will turn out as they should.

8

When placed in a leadership position, I make decisions that benefit others.

8

Intentness

75%

I have a vision and goals for my life.

8

I would say that I am a patient person, meaning I know good things take time.

8

Helping others be successful provides purpose in my life and work.

7

I am not a quitter.

7

Adaptability

75%

When I make mistakes, I recognize the error and work quickly to invent a solution to the problem at hand.

9

I remain flexible enough to meet the challenges created by changes in my life and work.

7

I have a healthy and proper respect for authority.

6

I am always looking for better ways to do things.

8

Patience

75%

I realize that not all things are under my control, and so my circumstances do not define my attitude.

8

I take the time necessary to make the best decisions.

8

I respond with calm patience when projects, tasks, or events take longer than I expect.

8

I realize it takes a long time to create excellence.

6

Friendship

73%

I carefully listen to the opinions of others before I offer my own opinion.

4

I have the respect of my coworkers.

7

Many of my professional relationships have developed into genuine friendships.

9

I take the time to get to know others.

9

Condition

73%

I take responsibility for developing the skills I need to perform my job to the best of my ability.

8

I keep a good balance between the hours I spend at work and at home.

8

I possess a healthy moral, mental, and physical condition.

8

I continually practice the fundamental aspects of my work to prepare for every challenge.

5

Integrity

73%

I live my life in an ethical manner.

9

I have never taken the credit for work I didn't perform.

7

My behavior reflects the highest levels of integrity.

5

I admire my coworkers for the conviction of their beliefs.

8

Success Summary

Score

Sincerity

70%

My communication style is direct and positive.

6

I consider myself to be an authentic person.

8

I can remember more than one occasion when I acted in a thoughtful and selfless way toward others.

8

I am a sincere person.

6

Poise

70%

I am constantly learning from the leaders in my life and work.

4

I feel composed and ready for any situation that may occur at my job.

9

I handle crises calmly and without panic.

8

The only pressure I allow myself to feel at work is the pressure I put on myself to do the best job I can.

7

Loyalty

70%

Exercising proper judgment would describe my approach to financial decisions. .

7

I have weathered difficult times and grown stronger.

8

I would not intentionally betray another person.

7

You can tell from my life decisions that loyalty is one of my core values.

6

Initiative

68%

As a leader my vision and mission are clear.

7

I am eager to accept increasing amounts of responsibility.

4

I have grown more confident in my own decision-making ability.

9

I communicate with confidence and compassion.

7

Industriousness

65%

I work hard to get the job done right the first time.

6

I enjoy very hard work because I believe in the value of what I do.

9

I work with diligence and consistency. I don't just go through the motions.

5

I carefully plan my work on a regular basis.

6

Enthusiasm

63%

I enjoy my job and I am very satisfied with my work experience.

7

My enthusiasm as a leader really encourages others to be their best.

4

I do very little whining or complaining.

8

My enthusiasm as a leader creates an atmosphere of encouragement.

6

Competitive Greatness

63%

I enjoy tackling difficult issues at work because they challenge me to find creative solutions and perform at my highest levels of competency.

7

I have experienced a day that I would define as a masterpiece.

7

I would describe myself as a "great competitor", that is, I enjoy a difficult challenge.

6

I am more focused on doing my best and becoming my best than I am on "winning".

5

Team Spirit

63%

I think the term "team player" is an appropriate description for me.

6

I am willing to sacrifice personal aspirations for the good of the team.

8

I believe my day to day attitude is quite positive.

8

At times I have gone out of my way to show appreciation for others.

3

Cooperation

55%

I am more interested in finding the best way than having my own way.

7

Success Summary

Score

I enjoy being involved in a healthy exchange of ideas about the most effective way to accomplish important tasks.	7
I am moving forward with a clear sense of direction.	5
I consider myself highly cooperative in working with others.	3
Resourcefulness	48%
No matter what the situation, I always seem to find a way to do my best.	4
I consider myself a creative problem-solver.	9
I fully utilize the resources that I have been given.	4
I see challenging circumstances not as problems but as opportunities to test my abilities, learn, and grow.	2

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SUCCESS GUIDE

This section provides Wooden insights into ways to improve your personal success performance. Each Behavior is defined, and some guidelines are provided for improvement. Pay attention to the Wooden Maxim, which may provide greater guidance. Please note that your lowest-ranked behaviors are listed first.

John Wooden had defined success, but how could he teach it effectively? He soon recognized that he had an even greater task: to fully describe what was necessary to achieve the success he had defined, both individually and as a member of a team. He recalled a learning tool he saw using a ladder, which gave him the idea for what was to become the Pyramid of Success - a visual representation he considered much stronger than a ladder.

Coach Wooden crafted the final Pyramid of Success over a 14-year period. He decided that his Pyramid would consist of 25 individual blocks representing key "personal values" he believed were necessary for achieving the kind of success he had defined. John Wooden carefully selected each block and its placement.

Over time, and in keeping with his life's experience, some blocks changed and some moved; but in the end they were ordered into a Pyramid with the placement of each having great significance. The goal of the blocks and their placement was to achieve true success: genuine peace of mind.

Resourcefulness

Using Your Wits, Proper Judgment, and Common Sense to Solve Problems.

- The human mind is the most wonderful weapon for overcoming adversity. Use it to invent solutions to whatever problems you must overcome and whatever goals you seek to achieve.
- It is especially enjoyable to create clever solutions for surmounting seemingly impossible mountains, and accomplishing our most important goals.
- Resourcefulness provides capital that coupled with an entrepreneurial spirit can be invested for even greater gains.

"The more concerned we become over the things we can't control, the less we will do with the things we can control."

Cooperation

Cooperate with all levels of your co-workers. Listen if you want to be heard. Be interested in finding the best way, not your own way.

- Always strive to understand another's point of view.
- Working with others enables us to accomplish more than everyone working alone.
- Give cooperation in order to receive it.

"What is right is more important than who is right."

Competitive Greatness

Be at your best when your best is needed. Enjoyment of a difficult challenge.

- Real joy and pleasure comes from being involved in something difficult.
- Whatever we do, simple or difficult, should be done to the best of our ability.
- Is it truly rewarding to do that which is ordinary, easy, and simple, something anyone can do? Not at all. A great competitor "revels" in doing the most difficult things.

"Make each day your masterpiece."

Team Spirit

A genuine consideration for others. An eagerness to sacrifice personal interests of glory for the welfare of all.

- Team Spirit begins in the home, extends out to your profession, and all areas of our lives.
- Team Spirit is an eagerness to lose oneself in the group for the good of the group. You must not just be willing, but eager to sacrifice personal interest or glory for the welfare of all.
- Consideration for others, that's team spirit. Think of others first. That doesn't mean you can't think of yourself. But give every individual the consideration, dignity and respect they deserve.

"We are many, but are we much?"

Enthusiasm

Enthusiasm brushes off on those with whom you come in contact. You must always truly enjoy what you are doing.

- Enthusiasm simply means that you have a passion and love, for what you're doing. You can't force yourself to be as industrious as you're capable of, if you don't enjoy what you're doing.
- It's a people-oriented world; enthusiasm brushes off on those you come in contact with.
- Your heart must be in your work if you want to learn more.

"Hard work without enthusiasm leads to tedium. Enthusiasm without industriousness leads to unrealized potential. When combined, they cement a solid foundation."

Industriousness

There is no substitute for work. Worthwhile results come from hard work and careful planning.

- So often we look for the easy way or the trick or the shortcut, and we can get by for awhile. But we fail to develop the strength that lies within. You must work and work hard. We cheat ourselves if we try for the shortcut all the time.
- Be prepared, focused on completing clear tasks.
- Enjoy the hard work. Work builds strength. Strength builds character.

"Goals achieved with little effort are seldom worthwhile or lasting."

Initiative

Cultivate the ability to make decisions and think alone. Do not be afraid of failure, but learn from it.

- Do not be afraid to fail! You are not perfect. You will fail on occasion; that's how we learn.
- But don't make the same mistakes over and over, that's insanity - doing the same things and expecting different results.
- Act with self control; use the information acquired through past experiences; act without fear of failure knowing that on occasion we will fail.

"The man who is afraid to risk failure seldom has to face success. The only real failure is the failure to act when action is required."

Sincerity

Makes and Keeps Friends.

- Sincerity is the glue of Friendship, Loyalty, Cooperation, and Team Spirit.
- Sincerity is an important step for making a friend and essential for keeping one.
- Sincerity in leaders is a catalyst for helping others bring out their best.

"Treat all people with dignity and respect."

Poise

Just being yourself. Being at ease in any situation. Never fighting yourself.

- You are resting in your own shoes - totally comfortable with who you are.
- With poise you're not acting, not pretending, not trying to be something you're not. With poise you will function at your true level of competency.
- If we have poise we aren't overly concerned with what others think. Outside forces won't change who we are or what we're trying to be, do, or become.

"Be true to yourself."

Loyalty

Be loyal to yourself and those depending on you. Keep your self-respect.

- All of us must have someone to begin with, to whom we must be loyal. We must have some things to which we must be loyal (family, our jobs, our beliefs and values).
- We must have loyalty within ourselves to have peace within.
- Earn loyalty by giving respect to others, and showing them loyalty.

"Nothing can give you greater joy than doing something for another."

Friendship

Friendship comes from mutual esteem, respect, and devotion. Like marriage, it must not be taken for granted, but requires a joint effort.

- Friendship, you must work at it; it comes from mutual respect and devotion. Don't take friendship for

granted, work at making friends, work at making friendship flourish.

- Be brave enough to offer friendship first.
- Do good things for another without expecting anything in return.

"The time to make friends is before you need them."

Condition

Mental, moral and physical. Rest, exercise, and diet must be considered. Moderation must be practiced. Dissipation must be eliminated.

- You cannot attain peak physical condition unless it's preceded by mental and moral conditioning.
- Without proper conditioning in all areas, you will fall short of your potential.
- Take care of yourself during and away from your job. Avoid becoming a workaholic. Enjoy proper rest, recreation and diet.

"The best way to improve the team is to improve myself."

Integrity

Purity of Intention.

- Integrity speaks for itself. A person with this quality is a person of noble character, and possesses a clear conscience.
- Sincerity, honesty and reliability are components that encourage and lead to integrity.
- We must strive to act with goodness, character and dignity.

"You can do more good by being good than any other way."

Intentness

Set a realistic goal. Concentrate on its achievement by resisting all temptations and being determined and persistent.

- Intentness is determination, persistence, perseverance.
- Have a goal that is realistic, but not so idealistic that it becomes counter productive when it isn't attained.
- Make the goal difficult; things easily attained or achieved aren't too meaningful or lasting. But make the goal within the realm of possibility.

"Do not permit what you cannot do to interfere with what you can do."

Adaptability

To Any and Every Situation.

- Change is constant and inevitable. Know about it, and grow and change with it. Learn from it and by it.
- Adjust to any given situation at any time.
- Failing to adapt is failing to move forward.

"Although there is no progress without change, not all change is progress."

Patience

All good things take time - and they should!

- If we are going to appreciate what we have accomplished, it should take time.
- Becoming your best is a process of ups/downs, challenging setbacks, and exhilarating accomplishments.
- Patience is a by-product of solitude, silence, and stillness.

"Goals achieved with little effort are seldom worthwhile or lasting."

Reliability

Showing Up.

- Showing up is the first requirement for a job.
- Having others depend on us to give our best effort.
- We must earn and create their respect through our consistency.

"The smallest good deed is better than the best intention."

Confidence

Respect without fear. May come from being prepared and keeping all things in proper perspective.

- We must have confidence in ourselves and others. We can't have confidence unless we're prepared.
- Coach Wooden often said "failure to prepare is preparing to fail."

- To have true confidence, not false, not "whistling in the dark," we must be prepared.
- Solid confidence produces respect without fear.

"Earn the right to be proud and confident."

Faith

Through prayer.

- Faith is essential. We must believe things will turn out as they should, as long as we do what we should to help that become reality.
- Faith means confidence in ourselves and something greater than ourselves.
- Faith is the rainy day shelter my dad encouraged me to build.

"If we magnified blessings as much as we magnify disappointments, we would all be much happier."

Alertness

"Be observing constantly. Stay open-minded. Be eager to learn and improve." - Abraham Lincoln

- Abraham Lincoln once said that he never met a person from whom he did not learn something; although most of the time it was something not to do. That is learning all the time. Alertness will keep you aware of such things.
- Alertness is seeing things before others see them; understanding what you're seeing, what it means, and what actions must be taken or avoided.
- Be observing constantly, seeing the things that are going on all around you, and not missing things from which improvements can be made.

"It is what you learn after you know it all that counts."

Ambition

Focused on Noble Purposes.

- Ambition must be properly focused on noble and worthy purposes.
- Never let ambition cause you to sacrifice your integrity or diminish your efforts on any other aspect of the Pyramid.
- You'll never reach a serious goal unless you have the ambition to do so.

"Be more concerned with what you can do for others than what others can do for you. You'll be surprised at the results."

Honesty

At All Times, in All Ways.

- Honesty must occur at all times in both thought and action.
- By being dishonest, we deceive others and ourselves. By doing so, we destroy our credibility and reputation and lose our self-respect.
- We feel good about ourselves when we are honest.

"Tell the truth. That way you don't have to remember a story."

Self-Control

Practice self-discipline and keep emotions under control. Good judgment and common sense are essential.

- Maintain self-control and the delicate balance between mind and body.
- A physical act or mental decision has a much greater chance to be workable and productive when done with self-control.
- Emotion can cause reason to fly out the window.

"Discipline yourself and others won't need to."

Skill

A knowledge of and the ability to properly and quickly execute the fundamentals. Be prepared and cover

every little detail.

- You must be able to do things properly and quickly or you may not get to do them at all.
- You must be thorough, covering every little detail. Big things are accomplished through the perfection of small details.
- Skill + experience + effort = solid performance.

"Do you see a man skilled in his work? He will serve before kings. He will not serve before obscure men. -
Proverbs 22:29"

Fight

Determined Effort to Do the Best We Can Do.

- Be ready to move when opportunity arises.
- Stand your ground, grit your teeth, and dig in. This means hustle!
- Be quick but don't hurry.

"I will get ready and then, perhaps, my chance will come."

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